



# Waldorf Teacher Education - Grades Training -

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# 1. GENERAL PROGRAM INFORMATION

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## **What is the West Coast Institute?**

The West Coast Institute for Studies in Anthroposophy is a training institute in British Columbia, Canada, which provides courses for individuals who wish to learn more about Anthroposophy, as expounded by Rudolf Steiner and others, and about Waldorf Education that has been developed out of the insights of Anthroposophy. The West Coast Institute for Studies in Anthroposophy was incorporated under the Society Act in British Columbia in 1998. It is a Developing Member of, and recognized by, the Association of Waldorf Schools of North America (AWSNA). This program is also registered with the Private Career Training Institutions Agency of British Columbia (PCTIA). A tax deduction receipt to show payment of tuition fees will be provided for all Canadian students in accordance with Canada Customs and Revenue Agency guidelines.

## **What is Anthroposophy?**

“The consciousness of one’s humanity,” according to Rudolf Steiner, stands at the opening of the 21<sup>st</sup> century. Anthroposophy is a way of knowing ourselves as human beings. Grounded in an understanding of human destiny, Steiner’s life and work embraces the fields of education, the arts, the sciences, medicine, banking, biodynamic agriculture, and social and religious renewal. The programs and courses offered by the West Coast Institute for Studies in Anthroposophy arise out of indications given by Rudolf Steiner in these various fields, and are open to all who seek to widen and deepen their consciousness of what it means to be human in our time.

## **What is the Aim of this Program?**

Many challenges confront the healthy development of the child in our time. This program of professional grades teacher training in Waldorf Education is offered to those who seek to deepen their understanding of the experiences which life brings them. It will help them to recognize the culturally renewing impulses of our time within which the work of the Waldorf teacher is an essential activity. Students will be expected to attend all aspects of the program.

## **How is this Program Structured?**

This is a four-year, part-time program. Throughout the four years, studies in Anthroposophy and Waldorf Education are interwoven with artistic and practical subjects. Students will study books on Anthroposophy, Waldorf Education and other relevant texts. The emphasis will be on understanding all aspects of child development. The first year serves as an important orientation year in which students become familiar with the concepts and ideas that are part of the Anthroposophical approach to education, as well as covering the first two grades of the Waldorf curriculum. The following three-years take that familiarity and knowledge for granted and build upon it. Each year is made up of a three-week intensive session in the summer, together with a five-day session each Fall and a six-day session each Spring. The three-week session will be held

at the Shawnigan Lake School, near Duncan, on Vancouver Island, whilst the Fall and Spring sessions take place in North Vancouver, BC. During the rest of the year, students will carry out assignments, and mentoring sessions, an observation week, and practicums will be arranged.

The artistic courses have a two-fold purpose: to enhance personal self-development and creativity, and to provide a basis for the work of the teacher. Courses in painting, eurythmy, speech, singing, music, story-telling, clay-modelling, woodwork and Spacial Dynamics are among those offered. The development of a wide range of practical skills will enrich and support students as they implement the principles and practices of Waldorf Education. A major aim of the training is to reinforce independent thinking and self-reliance in each student, and also to awaken enthusiasm and creativity.

### **What are the Dates of this Program?**

The dates of classes for the new intake's first summer session are July 5th – 23rd, 2010. Registration and orientation will take place on the weekend prior to the start of classes. The Fall session's dates for the first year are November 10th – 14th, 2010, and the Spring session's dates are February 20th – 26th, 2011, with registration and a welcome opening the evening or afternoon before each of the sessions.

### **Successful Completion of this Program:**

Students who successfully complete the full four-year, part-time program will be recognized as qualified and trained Waldorf teachers, and will receive a Waldorf Teaching Certificate. This Certificate will carry the approval and authority of the Association of Waldorf Schools of North America (AWSNA), as well as that of the West Coast Institute for Studies in Anthroposophy (WCI).

NOTE: Teachers must possess a BC. Provincial Teaching Certificate, or a degree that would qualify them to receive an Independent Schools Teaching Certificate, if they wish to teach in the Grades in a Waldorf School in British Columbia or Alberta, licensed by the respective Ministry of Education.

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## 2. REGISTRATION INFORMATION

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### **What are the Program Fees?**

The cost of the three-week summer session, together with the five-day and six-day sessions in the Fall and the Spring, is \$4,400.00 CDN for each year. There is a one-time application fee of \$100.00, and additional costs for the required course textbooks, as set out in the information package that is supplied to those who enroll. Program fees can, if preferred, be paid by installments, one month in advance, prior to each session. After this (postmarked) deadline, a late fee of \$100.00 will be charged. Cancellations will be refunded in accordance with the requirements of the Private Career Training Institution Agency (PCTIA) of British Columbia. The West Coast Institute for Studies in Anthroposophy reserves the right to make changes to fees, policies, regulations and courses when deemed necessary, and as permitted by PCTIA.

### **How do I Enrol for the Program?**

Application forms are available from the West Coast Institute by mail, or they can be downloaded from its website at [www.westcoastinstitute.org](http://www.westcoastinstitute.org) and printed out. A non-refundable, application processing fee of \$100 (payable by cheque or money order and in Canadian funds) must be submitted with each application for admission, and made payable to the West Coast Institute. Upon receipt of this fee, the application will be processed and, following acceptance, a full information package will be sent out, together with a list of required course textbooks, and information about meals and accommodation.

### **What is the Application Deadline?**

The application deadline for registration is May 15<sup>th</sup>, 2010. Applications that are received after this date will be considered if there are still places available.

### **What Supplies are Needed?**

Students will need a wooden recorder and Choroï diatonic flute, an apron for clay-work, pen and 3-ring binder, Stockmar stick and block wax crayons (sets of 8), coloured pencils and eurythmy shoes (or soft-soled canvas slip-ons). Information on sources will be provided. Required books will be listed prior to each session and can be ordered through the West Coast Institute. The West Coast Institute will supply other materials as needed.

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### **3. OTHER INFORMATION**

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#### **What about Meals?**

Meals and snacks at reasonable cost are readily available at all locations at the student's expense.

#### **What about Accommodation and Travel?**

Arrangements for accommodation and travel are the students' responsibility. In the summer, housing can be arranged through the West Coast Institute Administrator. For the Fall and the Spring, accommodation is usually available in homes in North Vancouver. This can also be arranged through the West Coast Institute's Administrator. The hosts must then be contacted directly by the students. Travel to and from the accommodations must be arranged by the students themselves.

#### **What about Medical Insurance?**

Students coming from outside of British Columbia should check the status of their medical insurance. This is the responsibility of the students.

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## 4. COURSE OUTLINES AND SUGGESTED TEXTS

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Note 1: The books indicated for the corresponding courses are only suggested titles. The actual required reading titles will be provided by the course instructors in advance.

Note 2: The West Coast Institute reserves the right to make changes to the schedule of courses, as the program develops.

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### First Year: Recapturing Our Ideals

#### Description

The First Year is a prerequisite for participation in the full Waldorf Teacher Training Program, unless – in the judgment of the Program Director – a student’s previous studies and experiences would not make this essential. The emphasis will be on exploring the ideas of Rudolf Steiner and the practical ways in which these ideas have been applied in society. Particularly important will be the need to gain an understanding of the nature of the human being and of the evolution of human consciousness, since they form the essential basis for the work of the teacher within Waldorf Education, and provide a context for the entire Waldorf curriculum. A significant portion of time will be given over to the practice of the Arts, so that dormant artistic perceptions and imaginative capacities in those who take part, might spring to life, grow, and thereby contribute to a time of cultural enrichment and personal growth. This first year will include observation and phenomenology; the rhythms and festivals of the year; the path of inner development; artistic experience as a path of self-development; Rudolf Steiner’s life and work; social and anti-social forces in our time, the human double, and the curriculum for Grades One and Two. An Observation Week in a Waldorf school will be arranged for this first year.

#### Courses for the First Year

##### Academic Courses (120 hours, 8 credits):

- FS 100A: Rudolf Steiner's Life and Work. (1 week, 7.5 hours, 0.5 credit)
- FS 100B: Biography Work (1 week, 7.5 hours, 0.5 credit)
- FS 101: The Evolution of Human Consciousness through the History of Art and Architecture (2 weeks, 15 hours, 1 credit)
- FS 102: Meditative Practice (1 week, 7.5 hours, 0.5 credit)
- FS 103: Destiny and the Nature of the Human Being (2 weeks, 15 hours, 1 credit)
- FS 104: Parzival (2 weeks, 15 hours, 1 credit)
- EDU 100: An Introduction to Waldorf Education (Early Childhood - Grades - High School) (1 week, 7.5 hours, 0.5 credit)
- EDU 101: Grade 1 & 2 Curriculum / Child Development (5 weeks, 37.5 hours, 2.5 credits)
  - Form Drawing (1 week, 7.5 hours, 0.5 credit)
  - Writing and Reading (1 week, 7.5 hours, 0.5 credit)
  - Number-work (1 week, 7.5 hours, 0.5 credit)

- Home Surroundings (1 week, 7.5 hours, 0.5 credit)
  - Movement Exercises (1 week, 7.5 hours, 0.5 credit)
- EDU 102: Music Curriculum for Grade 1 & 2 (1 week, 7.5 hours, 0.5 credit)

Arts Courses (112.5 hours, 3.75 credits):

- FA 100: Wet Method Painting (2 weeks, 15 hours, 0.5 credit)  
 FA 101: Form Drawing (2 weeks, 15 hours, 0.5 credit)  
 FA 102: Crayon Drawing (1 week, 7.5 hours, 0.25 credit)  
 AA 100: Handwork Skills (2 weeks, 15 hours, 0.5 credit)  
 PA 100: Morning Chorus (1 week, 7.5 hours, 0.25 credit)  
 PA 101: Remedial Singing (1 week, 7.5 hours, 0.25 credit)  
 PA 102: Speech (2 weeks, 15 hours, 0.5 credit)  
 PA 103: Eurythmy (2 weeks, 15 hours, 0.5 credit)  
 EDU 103: Painting Curriculum, Grades 1 & 2 (1 week, 7.5 hours, 0.25 credit)  
 EDU 104: Spacial Dynamics and Grade 1 & 2 Games (1 week, 7.5 hours, 0.25 credit)

In-School Observations:

One week of observation in a Waldorf School (1 week, 30 hours, 2 credits)

Books Relevant to the Above Courses:

- For FS 100: Phases – the Spiritual Rhythms in Adult Life – by Bernard Lievegoed  
 For FS 101: The Evolution of Consciousness – by Rudolf Steiner  
 For FS 102: How to Know Higher Worlds – by Rudolf Steiner  
 For FS 103: Theosophy – by Rudolf Steiner  
 For FS 104: Parzival – by Wolfram von Eschenbach  
 For EDU 101: The Education of the Child – by Rudolf Steiner  
 Practical Advice to Teachers – by Rudolf Steiner  
 Discussions with Teachers – by Rudolf Steiner

For arts courses: No textbooks required.

Second Year: Furthering the Exploration of Waldorf Teaching:

Description

This year would see a continuation and deepening of various parts of the Foundation Studies, with greater focus on teaching. The application of many of Rudolf Steiner’s ideas about the human being will now be seen more specifically in relation to the education of children and young people. Hence, courses are offered that demonstrate the relevance of these ideas to Waldorf education. A practicum will be arranged for two weeks for this second year

Courses for the Second Year:

Academic Courses (135 hours, 9 credits):

- FS 201: Cosmic Memory (2 weeks, 15 hours, 1 credit)  
 FS 202A: How to Know Higher Worlds (2 weeks, 15 hours, 1 credit)  
 FS 202B: Meditative Practice and Inner Work (1 week, 7.5 hours, 0.5 credit)  
 FS 203: Reincarnation and Karma (2 weeks, 15 hours, 1 credit)  
 EDU 200: Education as a Force for Social Change (1 week, 7.5 hours, 0.5 credit)  
 EDU 201: Grade 3 & 4 Curriculum / Child Development (5 weeks, 37.5 hours, 2.5 credits)  
     - Mathematics (1 week, 7.5 hours, 0.5 credit)  
     - Old Testament Stories, House-Building, Farming & Gardening  
       (1 week, 7.5 hours, 0.5 credit)  
     - Human and Animal Studies (1 week, 7.5 hours, 0.5 credit)  
     - Norse Mythology and Legends (1 week, 7.5 hours, 0.5 credit)  
     - Local Geography (1 week, 7.5 hours, 0.5 credit)  
 EDU 202: Music Curriculum for Grade 3 & 4 (2 weeks, 15 hours, 1 credit)  
 EDU 206: Handwork Curriculum (2 weeks, 15 hours, 1 credit)  
 EDU 207: The Role of the Festivals (1 week, 7.5 hours, 0.5 credit)

Arts Courses (97.5 hours, 3.25 credits):

- FA 200: Clay Modelling (1 week, 7.5 hours, 0.25 credit)  
 FA 201: Form Drawing Curriculum (1 week, 7.5 hours, 0.25 credit)  
 PA 200: Morning Chorus (1 week, 7.5 hours, 0.25 credit)  
 PA 201: Remedial Singing (1 week, 7.5 hours, 0.25 credit)  
 PA 202: Speech (2 weeks, 15 hours, 0.5 credit)  
 PA 203: Eurythmy (2 weeks, 15 hours, 0.5 credit)  
 EDU 203: Painting Curriculum, Grades 3 & 4 (3 weeks, 22.5 hours, 0.75 credit)  
 EDU 204: Games (1 week, 7.5 hours, 0.25 credit)  
 EDU 205: Blackboard Drawing (1 week, 7.5 hours, 0.25 credit)

In-School Practicums:

Practice in Teaching in a Waldorf School

(2 weeks for non-practicing, or 3 day evaluations for practicing teachers, 60 hours, 4 credits).

Books Relevant to the Above Courses:

- For FS 201: Cosmic Memory – by Rudolf Steiner  
 For FS 202A: How to Know Higher Worlds – by Rudolf Steiner  
 For FS 202B: Lighting Fires – Deepening Education thro’ Meditation - by Jörgen Smit  
 For FS 203: Reincarnation and Karma – by Rudolf Steiner  
 For EDU 200: Education as a Force for Social Change – by Rudolf Steiner  
           The Recovery of Man in Childhood – by A.C. Harwood  
 For EDU 201: The Kingdom of Childhood – by Rudolf Steiner  
 For EDU 207: Rhythms and Turning Points in the Child - by Eugene Schwartz

For arts courses: No textbooks required.



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## Third Year: A Deeper Understanding of the Task:

### Description

Emphasis will be put on awakening the faculties of the teacher, and developing his/her creativity, as a preparation for becoming a qualified Waldorf Teacher. It is vital that throughout all years of this teacher training program, the artistic work is continued strongly and that, during this third year of training, the first results of that inner activity - resulting directly from such artistic involvement - can be connected up with the outer tasks of the teacher. This requires a deeper understanding of the art of teaching, enlivened with many practical ideas taken directly from Rudolf Steiner's courses with the first Waldorf teachers in the first Waldorf School. A practicum will provide an opportunity for the student to further develop the progression and to put into practice what has been gleaned from the work in the classroom. Practicum requirements in these two final years will depend on individual circumstances, including whether or not the student is already teaching in the classroom. A practicum will be arranged for three weeks this year.

### Courses for the Third Year:

#### Academic Courses (142.5 hours, 9.5 credits):

- FS 301: The Philosophy of Freedom - the Nature of Thinking (2 weeks, 15 hours, 1 credit)  
FS 302: Meditative Practice and Inner Work (1 week, 7.5 hours, 0.5 credit)  
EDU 300: The Foundations of Human Experience (part 1) (2 weeks, 15 hours, 1 credit)  
EDU 301: Grade 5 & 6 Curriculum / Child Development (6 weeks, 52.5 hours, 3.5 credits)  
- Mathematics (1 week, 7.5 hours, 0.5 credit)  
- Science (1 week, 7.5 hours, 0.5 credit)  
- Plant Studies (1 week, 7.5 hours, 0.5 credit)  
- Greek Mythology & Language Arts (1 week, 7.5 hours, 0.5 credit)  
- Ancient Roman History & Language Arts (1 week, 7.5 hours, 0.5 credit)  
- Medieval History & Language Arts (1 week, 7.5 hours, 0.5 credit)  
- Geography (1 week, 7.5 hours, 0.5 credit)  
EDU 302: Music Curriculum for Grade 3 & 4 (1 week, 7.5 hours, 0.5 credit)  
EDU 308: Remedial Education (1 week, 7.5 hours, 0.5 credit)  
EDU 309A: Working with Parents and Colleagues (1 week, 7.5 hours, 0.5 credit)  
EDU 309B: Non-Violent Communication (1 week, 7.5 hours, 0.5 credit)  
EDU 310: Canadian History and First Nations Culture (2 weeks, 15 hours, 1 credit)  
EDU 311: The Art of Classroom Management (1 week, 7.5 hours, 0.5 credit)

#### Arts Courses (90 hours, 3 credits):

- EDU 303: Painting Curriculum for Grade 5 & 6 (2 weeks, 15 hours, 0.5 credit)  
EDU 304: Games (1 week, 7.5 hours, 0.25 credit)  
EDU 305A : Drawing Curriculum (1 week, 7.5 hours, 0.25 credit)  
EDU 305B: Geometric Drawing (1 week, 7.5 hours, 0.25 credit)  
AA 300: Woodcarving (2 weeks, 15 hours, 0.5 credit)  
PA 300: Morning Chorus (1 week, 7.5 hours, 0.25 credit)

PA 302: Speech (2 weeks, 15 hours, 0.5 credit)  
PA 303: Eurythmy (2 weeks, 15 hours, 0.5 credit)

(3 weeks for non-practicing, or 2-3 day evaluations for practicing teachers, 90 hours, 6 credits).

Books relevant to the above courses:

For FS 301: Intuitive Thinking as a Spiritual Path - by Rudolf Steiner  
For FS 302: The Esoteric Background of Waldorf Education – by Rene Querido  
For EDU 301: The Spiritual Guidance of Individual and Humanity – by Rudolf Steiner  
A Modern Art of Education – by Rudolf Steiner  
For EDU 308: Learning Difficulties – A Guide for Teachers – by Mary Ellen Willby  
For EDU 310: Native American Tradition – by A. Versluis  
For EDU 311: Practical Advice to Teachers – by Rudolf Steiner – August 1919  
For arts courses: No textbooks required.

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## Fourth Year: The End of the Beginning:

### Description

This final year emphasizes the practical application of all that has been acquired as the Art of Teaching, and a further four week practicum in a different Waldorf School will be arranged for the student. This will provide a sense of the differences between schools and also of the inter-working of the teaching faculty, as well as providing an opportunity for the student to enter more into the lives of the children in a given class, to be mentored by an experienced class teacher, and to be able to continue to develop a certain progression and development of the educational work.

### Courses for the Fourth Year:

#### Academic Courses (142.5 hours, 9.5 credits):

FS 401: Christology (2 weeks, 15 hours, 1 credit)  
EDU 400: The Foundations of Human Experience (part 2) and the Supplementary Course  
(2 weeks, 15 hours, 1 credit)  
EDU 401: Grade 7 and 8 Curriculum /Child Development (11 weeks, 82.5 hours, 5.5 credits)  
- Mathematics (1 week, 7.5 hours, 0.5 credit)  
- Science (3 weeks, 22.5 hours, 1.5 credits)  
- Geography (1 week, 7.5 hours, 0.5 credit)  
- Renaissance to Modern Times & Language Arts  
(3 weeks, 22.5 hours, 1.5 credits)  
- Nutrition, Health & Hygiene, Physiology of the Skeleton  
(1 week, 7.5 hours, 0.5 credit)  
- Projective Geometry (1 week, 7.5 hours, 0.5 credit)  
- The Platonic Solids (1 week, 7.5 hours, 0.5 credit)  
EDU 402: Music Curriculum for Grade 7 & 8 (1 week, 7.5 hours, 0.5 credit)  
EDU 407: The Deepening of Festival Life (1 week, 7.5 hours, 0.5 credit)  
EDU 408: Remedial Work (1 week, 7.5 hours, 0.5 credit)

EDU 409A: Administration in a Waldorf School (1 week, 7.5 hours, 0.5 credit)

Arts Courses (90 hours, 3 credits):

- EDU 403: Painting Curriculum for Grade 7 and 8 (1 week, 7.5 hours, 0.25 credit)
- EDU 404: Games & Sports (1 week, 7.5 hours, 0.25 credit)
- EDU 405: Black & White Shadow-Drawing and Perspective (1 week, 7.5 hours, 0.25 credit)
- EDU 406: Clay Modelling Curriculum for Grade 7 & 8 (1 week, 7.5 hours, 0.25 credit)
- EDU 409B: Graduation Preparation (1 week, 7.5 hours, 0.25 credit)
- AA 400: Metalwork (2 weeks, 15 hours, 0.5 credit)
- PA 400: Morning Chorus (1 week, 7.5 hours, 0.25 credit)
- PA 402: Speech (2 weeks, 15 hours, 0.5 credit)
- PA 403: Eurythmy (2 weeks, 15 hours, 0.5 credit)

(4 weeks for non-practicing, or 2-3 day evaluations for practicing teachers, 120 hours, 8 credits).

Books Relevant to the Above Courses:

- For FS 401: The Christ Impulse: Development of Ego Consciousness – by Rudolf Steiner
- For EDU 407: Waldorf Education: A Family Guide – by Pam Fenner and Karen Rivers
- For EDU 409A: The Child, the Teachers and the Community – by Jörger Smit
- For arts courses: No textbooks required.

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## CONTACTS

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Colin Price - October 23rd, 2009